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EEMAN

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## Cooperative Healing

076-EEM EEMAN, L.E.: COOPERATIVE HEALING --- "This term refers to therapeutic effects obtained by applying wire circuits to connect one part of a person's body with another part, or to connect an area of one person's body with an area of another person's body." Dr. Eeman utilized these connections in pairs to form a complete electrical circuit. Human bodies give evidence of being bipolar along 3 axes...When polar opposites are connected together, the effects noted include greater relaxation, recovery from fatigue and illness, increased work capacity, and better health in general...This is called the "Relaxation Circuit"..The opposite arrangement increases tensions. Here are 3 articles to provide a thorough introduction to this wonderfully effective and extremely simple system of copper screens and wires (Suggestion: Enhance with "Oraccu" layers over the screens, & magnets for the handles...) These units are very easy to make, free, very effective, and highly "Rex-ommended"...

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# NEW LIGHT ON THERAPEUTIC ENERGIES

JAMES CLARKE & CO. LTD  
31 QUEEN ANNE'S GATE  
LONDON, S.W.1

*Compiled and Summarized*

*by*

MARK L. GALLERT, M.D., M.SC.

## CO-OPERATIVE HEALING

### 1. THE CENTRAL THEME

THIS term refers to therapeutic effects obtained by applying wire circuits to connect one part of a person's body with another part, or to connect an area of one person's body with an area of another person's body. L. E. Eeman, in his exhaustive research into this type of circuit as detailed in his book *Co-Operative Healing*, utilized these connections in pairs so that there would be a complete electrical circuit.

The basis of the flow effects obtained by the use of these circuits, was the discovery that human bodies give evidence of being bi-polar, along three axes—

Head to feet  
Right side to left side  
Back to front

When polar opposites are connected together, whether within one body or between two or more bodies, the effects noted include greater relaxation, recovery from fatigue and disease, greater capacity for work, better health in general. Circuits connecting polar opposites are termed "Relaxation Circuits".

When polar similars are connected together, the effects noted are the creation of tension, and the opposites of all the advantages obtained from Relaxation Circuits. Circuits connecting polar similars are termed "Tension Circuits".

The use of these circuits have been found to affect not only functional physical and mental conditions but also organic conditions.

In people born right-handed, the head and right side have been found to have the same polarity, which by convention has been termed positive. In these individuals, the base of the spine, and the left hand share the same polarity, opposite to that of the head and right side, and is therefore termed negative. Polarities are reversed in those born left-handed.

Eeman and co-workers performed thousands of carefully documented experiments under controlled conditions over a period of years, establishing the effects of a wide variety of these circuits, and ruling out the possibility of effects through suggestion or other extraneous influences. For more detail, see his book *Co-Operative Healing*, published in London, 1947 by Frederick Muller, Ltd.

### 2. ONE PERSON IN CIRCUIT

The diagram (Fig. 1) shows the circuit. Two metal handles each connect through approximately 10 ft. of insulated copper wire, to copper screen mats

①

about a foot square. The individual lies on his back with the copper mats under his head and base of spine.

For right-handed individuals, a relaxation circuit is formed if the left hand holds the handle connecting to the mat under the head, and the right hand holds

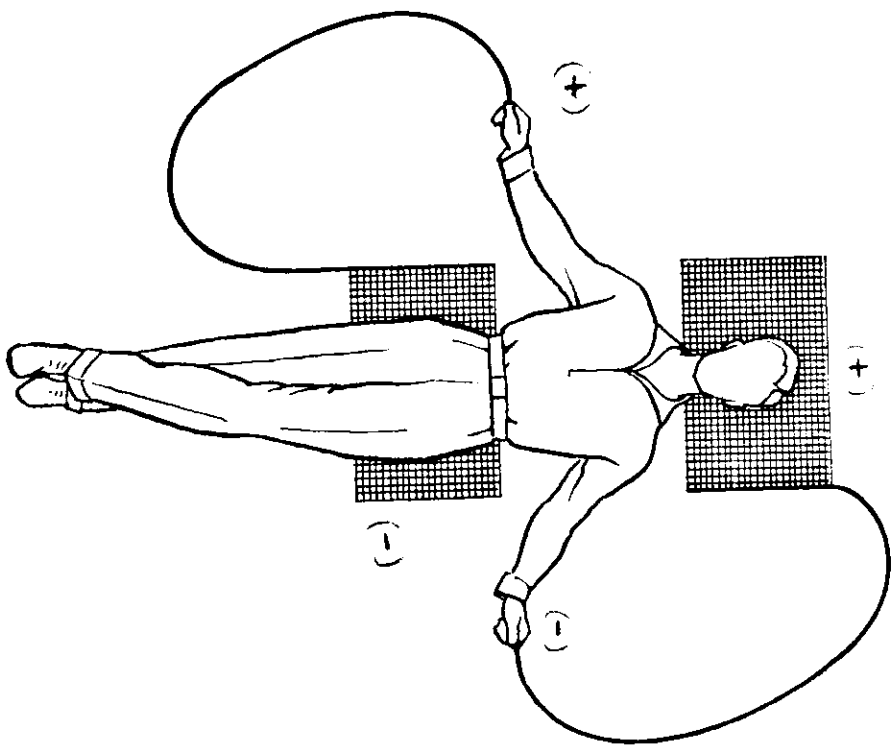


Fig. 1

One subject in relaxation circuit, showing copper gauze mats and wire connections.

the handle connected with the mat under the bottom of spine. Average duration of exposure is half an hour.

Likewise for right-handed individuals, if the handles are switched so that the left hand holds the handle connecting to the mat under the bottom of the spine, and the right hand holds the handle connecting to the mat under the head, a

tension circuit is formed. These effects are noted even if the individual is not aware of the specific connections or if the connections are changed out of range of his vision and without his knowledge. One of the reasons for 10-ft. length of connection wires, is to permit changes of suggestion without the subject's knowledge, in order to test the effect of suggestion. In almost all instances, the reactions are those appropriate to the circuit rather than to the suggestion given, if the suggestion is contrary to the effect of the circuit.

Many case reports covering various types of ailments are detailed in the book *Co-Operative Healing*, and will not be repeated here. Among the ailments relieved by these circuits are listed: mental, nervous, circulatory, respiratory, digestive and eliminative disorders; headaches, high blood-pressure, rheumatism, lumbago, sciatica and many other conditions. Insomnia appeared particularly to be relieved.

Eeman states:

"The relaxation circuit almost invariably produces a progressive sense of muscular relaxation, warmth, well-being and drowsiness, often culminating in sleep, slower and stronger pulse, slower and fuller respiration, with more complete deflation, progressively longer pauses between deflations and inflations, and a lowering of the pitch of the voice."

The Tension circuit reverses the above reactions and eventually leads to varying degrees of tension, restlessness and discomfort.

It was found that direct contact between the copper mats and the individual was not necessary in order to produce the effects noted; clothing and even cushions did not act as barriers.

### 3. TWO PERSONS IN CIRCUIT

The effects of both Relaxation and Tension circuits are usually increased if two persons are connected with each other, using a separate pair of copper mats for each person.

The normal Relaxation circuit is formed when the head of each person is connected to the left hand of the other person, and the bottom of the spine of each person is connected to the right hand of the other person. See Fig. 2.

It was found that sex made no difference in polarity—the same circuit being applicable to two men, two women, or one woman and one man. However, Left and Right-handedness does make a difference in polarity. When a right-handed person is placed in circuit with a left-handed person, then the Relaxation circuit is formed when the head of each person connects with the right hand of the other person, and the bottom of spine of each person connects with the left hand of the other person. Also, the left-handed person should lie in the opposite direction from the right-handed one.

Reports from the experiments indicate the rather curious fact that when a strong or well person is placed in circuit with a weak or ill person, both experience

beneficial effects from the experience. Sleep for a half hour or more will frequently visit both subjects. Another interesting fact that emerged from the tests, is that a Tension circuit tends to produce discord and antagonism between the two participating subjects, and this antagonism is then dissipated if a Relaxation circuit is used.

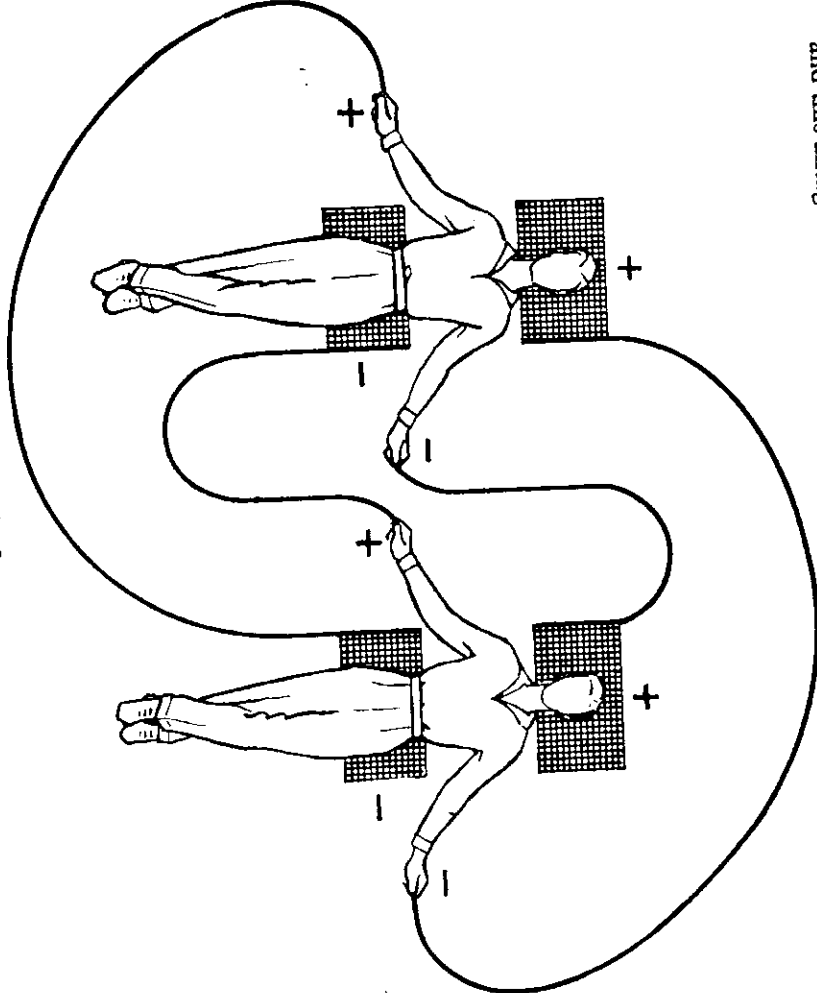


Fig. 2  
Two subjects in closed relaxation circuit. Each subject with left hand (-) to head (+) and right hand (+) to spine (-) of other subject.

4. THREE OR MORE PERSONS IN CIRCUIT

The same principles were found to apply with three or more persons in circuit—in fact the number of persons could be increased indefinitely. However, with the addition of more individuals in the circuit, additional phenomena appeared: some individuals turned out to be stronger "emitters", other individuals acted more as "receivers", while others seemed to have as the primary characteristic,



3 SUBJECTS IN RELAXN. CIRCUIT

— SERIAL —  
L & R of (1) to Head & Spine of (2) & so on...

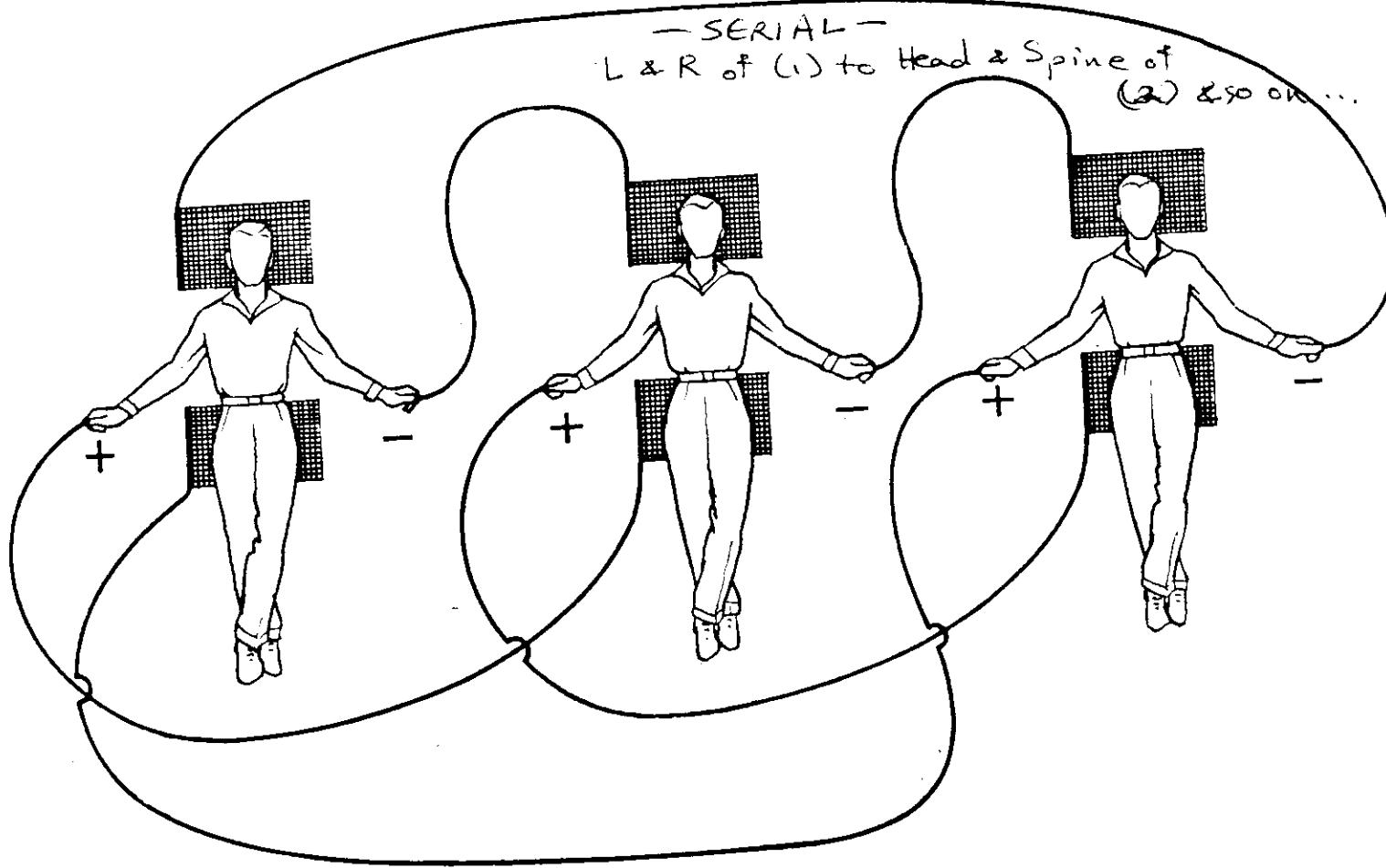


Fig. 3

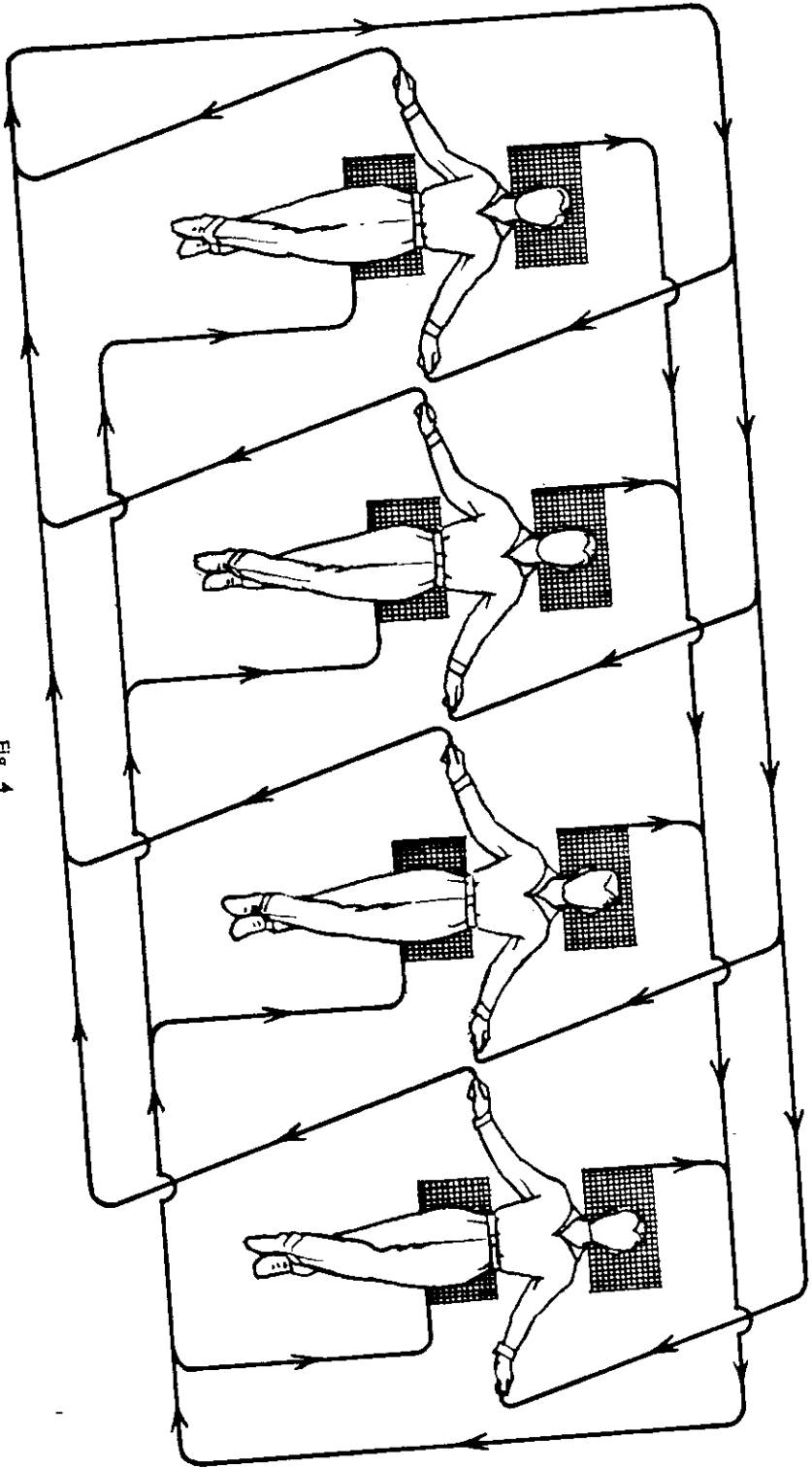
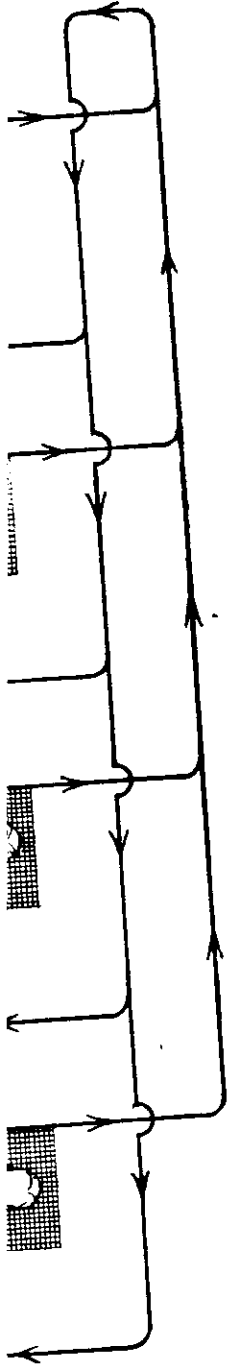


Fig. 4  
 All Heads to all Spines and all Rights to all Lefts, in pure parallelism.



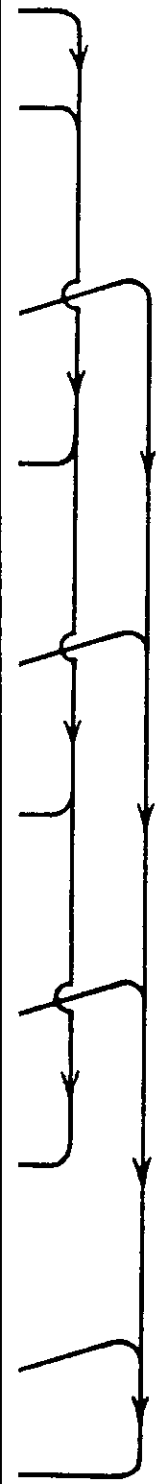


Fig. 4  
All Heads to all Spines and all Rights to all Lefts, in pure parallelism.

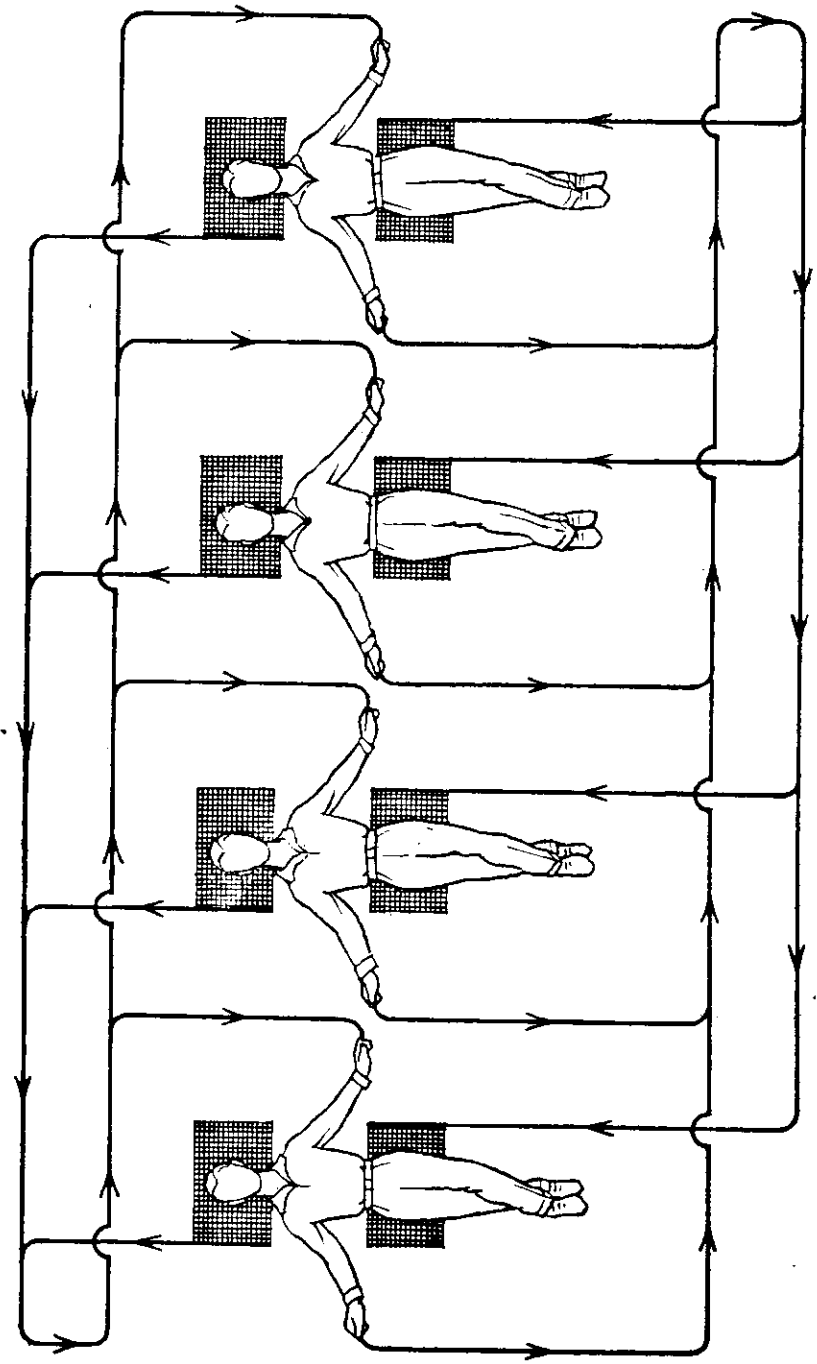


Fig. 5  
All Heads to all Lefts and all Rights to all Spines, in pure parallelism.

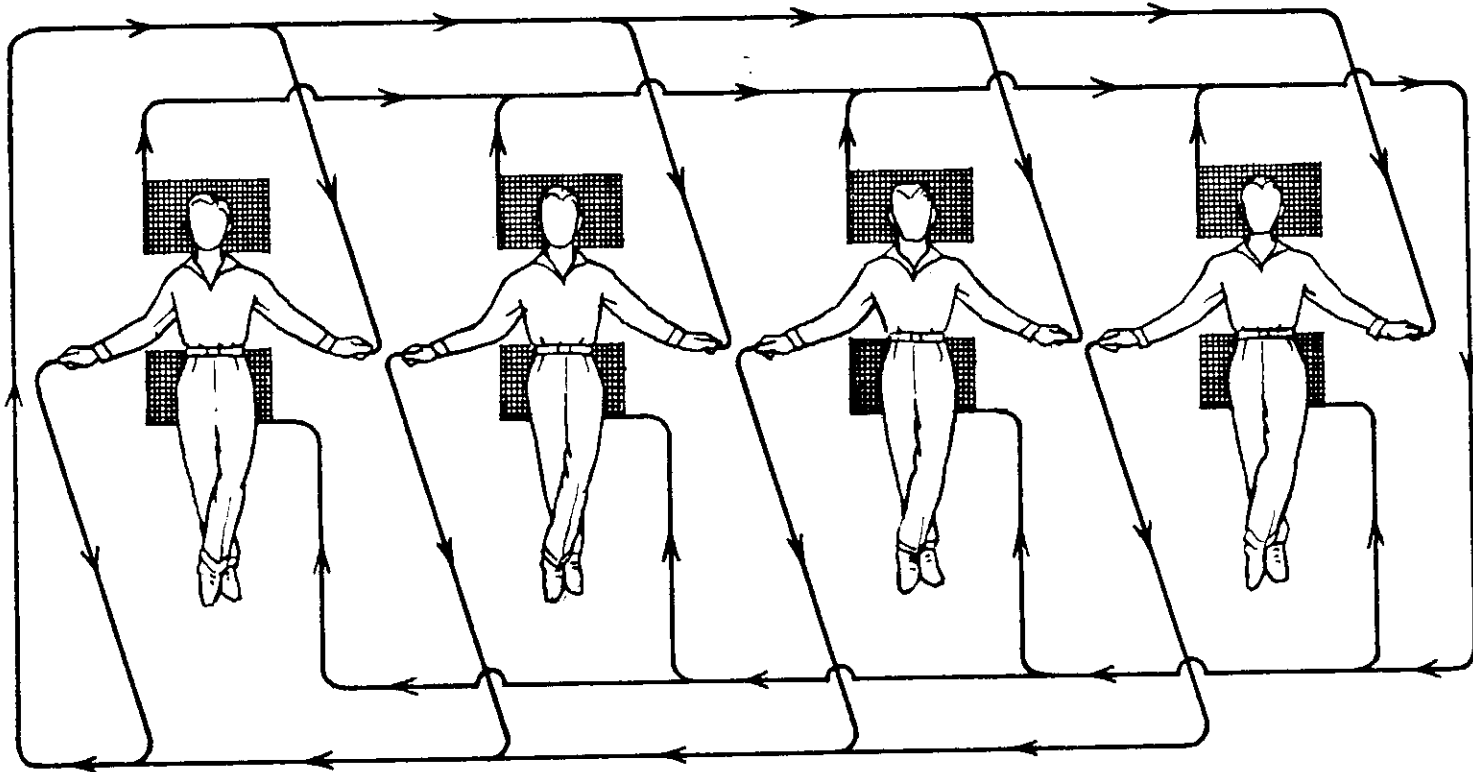


Fig. 4

All Heads to all Spines and all Rights to all Lefts, in pure parallelism.

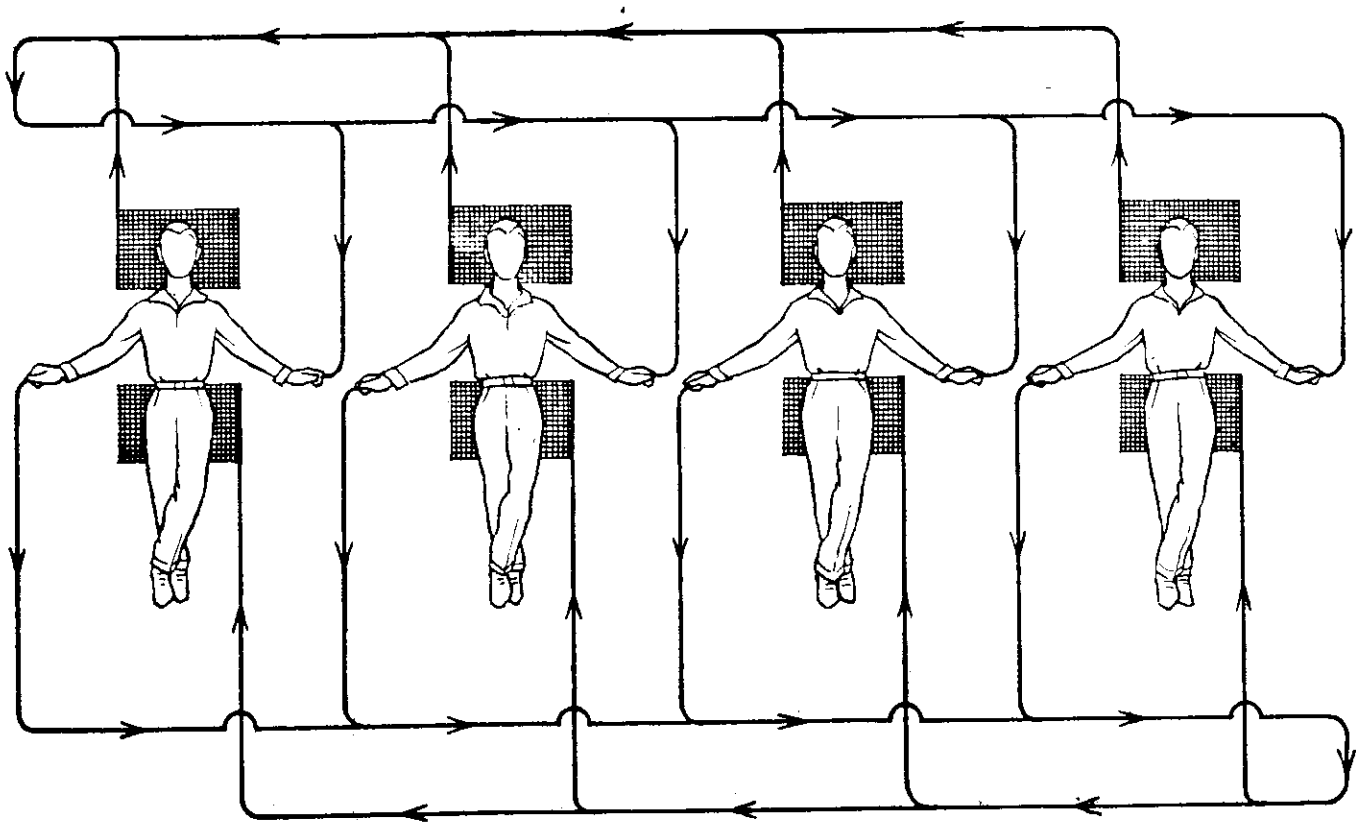


Fig. 5

All Heads to all Lefts and all Rights to all Spines, in pure parallelism.

that of being "conductors". For a detailed account of these characteristics, refer to Eeman's book *Co-Operative Healing*, Chapter IV.

Fig. 3 shows a Relaxation circuit between three individuals; the same circuit can be expanded to include any desired number. This is termed a "series" type of circuit.

For multiple use (three or more persons in circuit at one time), two principal circuits emerged as the best ones to use—diagrammed in Figs. 4, 5 and 6.

In Fig. 4, all the heads connect together, all spines connect together, and those then are connected with each other. All right hands connect together, all left hands connect together, and those two sets are likewise connected with each other.

In Fig. 5, all heads and all left hands connect together, and all spines and all right hands connect together.

### 5. CONCLUSIONS

It would appear from the Eeman experiments, that human beings emit, emanate or radiate a particular kind of current or impulse, which can be channelled with wire connections and used to produce either healing effects or adverse effects, depending upon polarity.

### 6. DRUG TESTS

One of the most interesting aspects of the Eeman research, was the series of tests in which a Relaxation circuit was established for one or several persons, and the circuit was broken by test vials placed in the circuit one at a time, each vial containing two electrodes immersed in a drug or medicinal solution. The vials were inserted out of range of the vision of the subjects, and they did not at any time have any knowledge of the names or characteristics of the test substances. Yet within a short time after a substance had been inserted, the subjects experienced physiological changes and symptoms, which almost always were representative of the effects engendered by the drug or substance used in the test. If the subjects were kept in circuit with a substance for too long a time, there were instances where the symptoms or physiological effects became very acute and severe.

Some of the tests were run with coded vials, so that the operator would not know what substance was in use at any given time, and so could not have had telepathic influence over the minds of the subjects. These tests, conducted to rule out the possibility of telepathic effect, proved just as positive in results as the tests conducted when the operator (though not the subjects) knew what substances were being tested.

Fig. 6 shows a Relaxation circuit for drug tests. The implications of these tests tend to confirm the hypothesis, previously stated by others, that all substances radiate and that these radiations can be carried on wires.

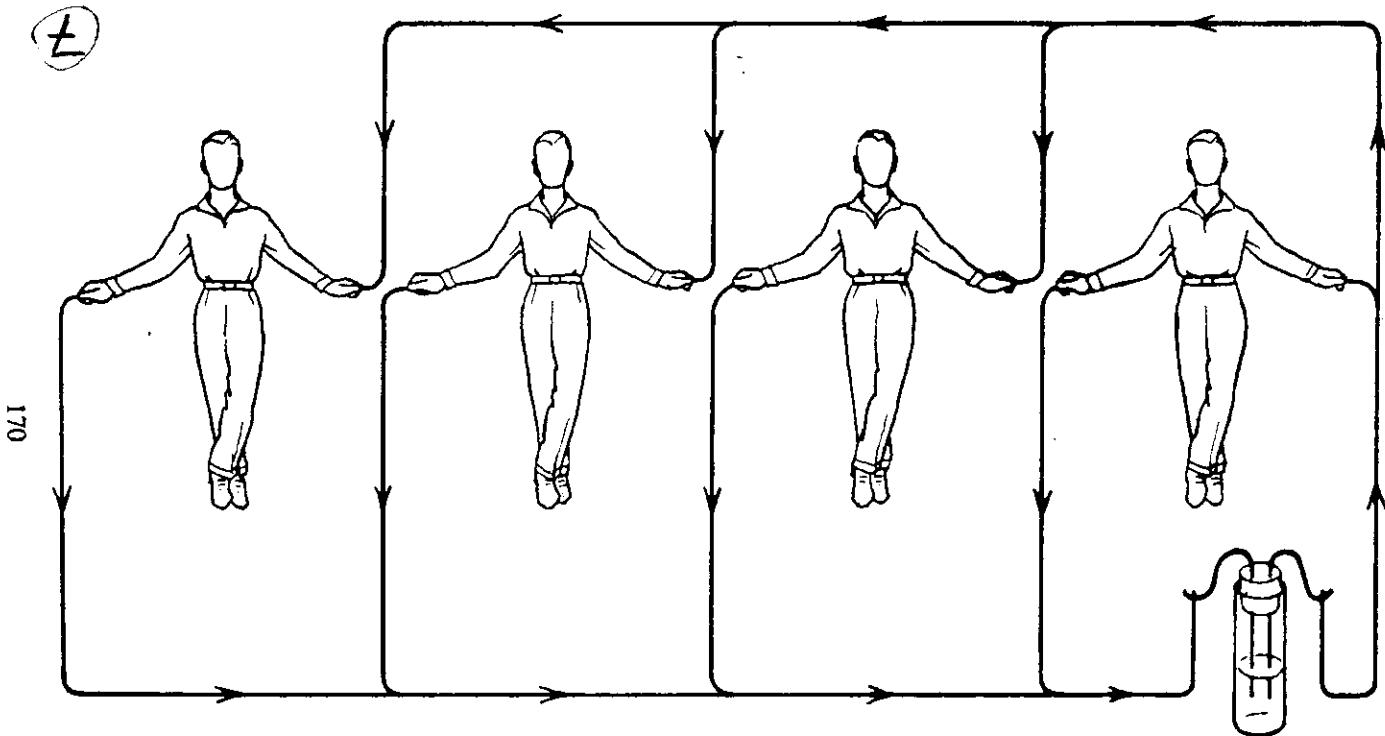


Fig. 6

Relaxation circuit using hands only in parallel, with drug in series.

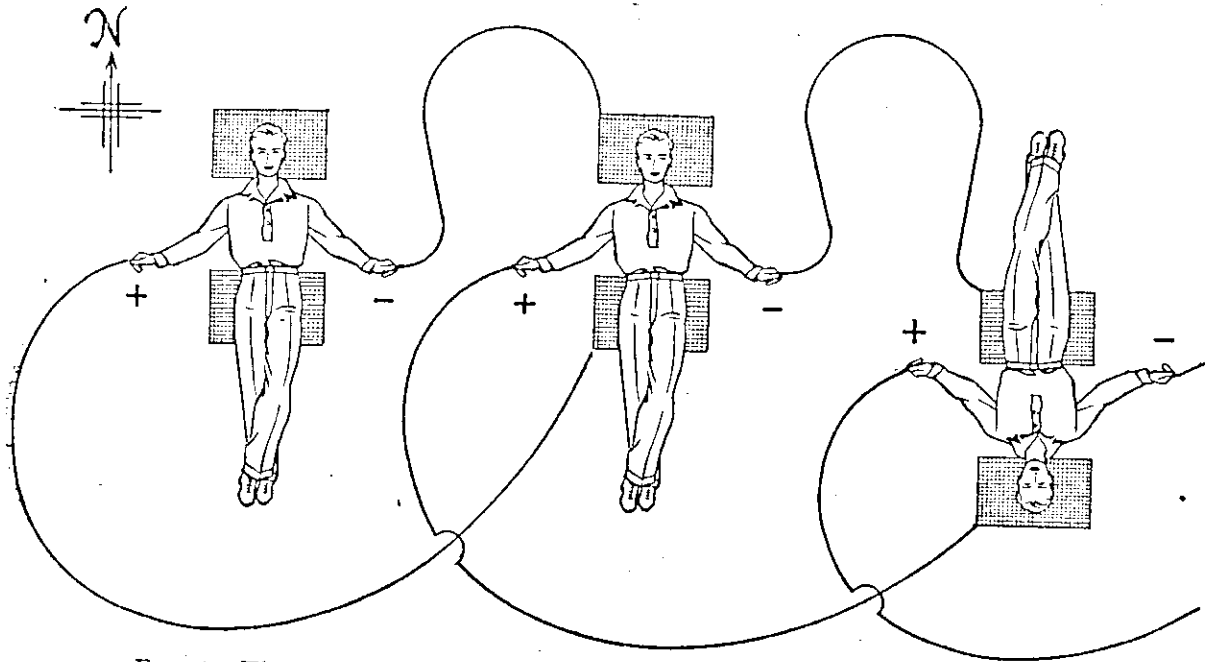


FIG. 6.—Three subjects in serial relaxation circuit, left-hander head to south.

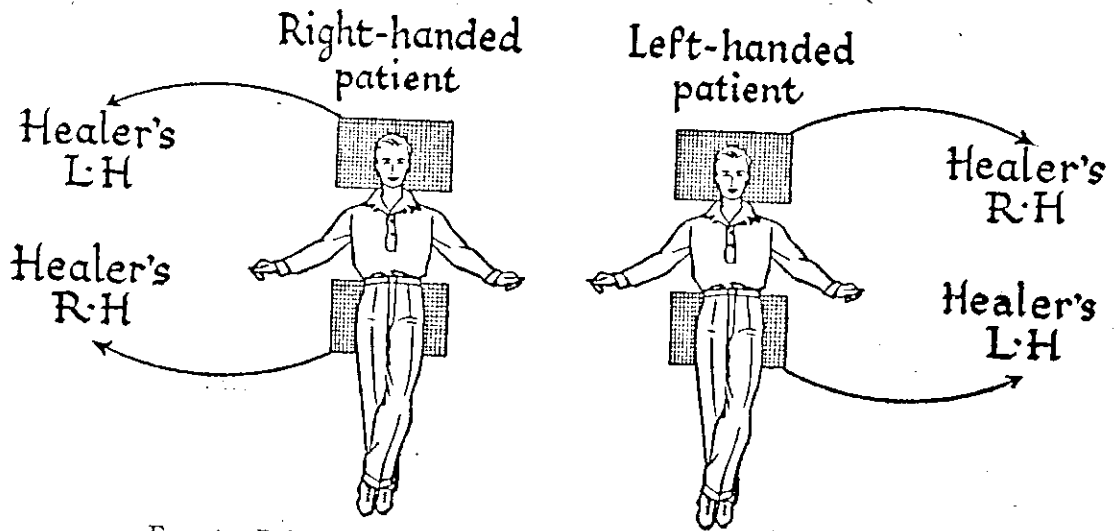


FIG. 4.—Relaxation circuit between right-handed healer and right-handed and left-handed patients.

## EEMAN SCREENS

Put yourself in a "relaxation circuit" using your own energies for increased well being.

Any arrangement which connects polar opposites of one or of different bodies by means of electrical conductors is referred to as a "relaxation circuit".

Eeman Screens connect the positive and negative poles of the body, promoting muscle relaxation and stimulating body function. They can be used for fostering sleep, recovery from fatigue and disease and for increasing your capacity for work and health.

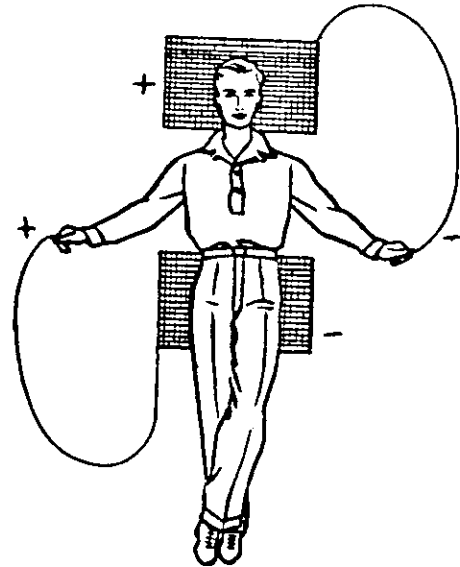


FIG. 1.—One subject in relaxation circuit, showing copper gauze mats and wire connections.

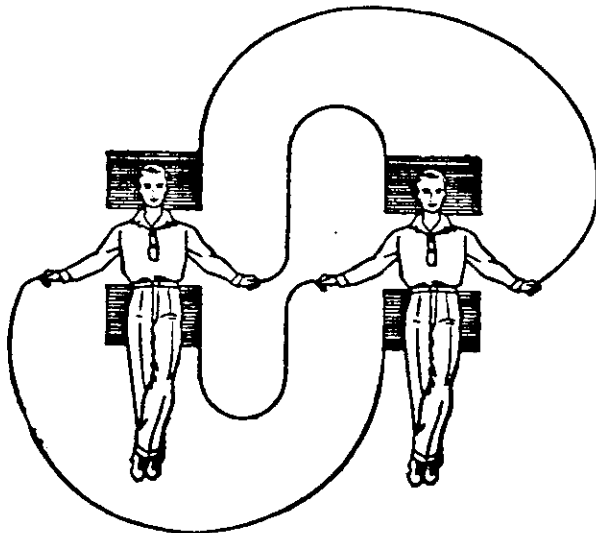


FIG. 3.—Two subjects in closed relaxation circuit. Each subject with left hand (-) to head (+) and right hand (+) to spine (-) of other subject.

The relaxation circuit affects not only organic but also nervous and mental health.

For experiments with one person - the handle in the left hand (-) is connected with a copper gauze screen beneath the head (+), and the right hand (+) is connected with another screen beneath the base of spine (-).

Several people can be connected together through the relaxation circuit. Also research done by healers has shown the effectiveness of linking healer and patient (as shown below).

Pair of Eeman Screens  
.....\$17.50 p.p.

Publication "Eeman Screens"  
- The Balancing Circuits"  
.....\$4.00 plus  
\$1.50 P&H

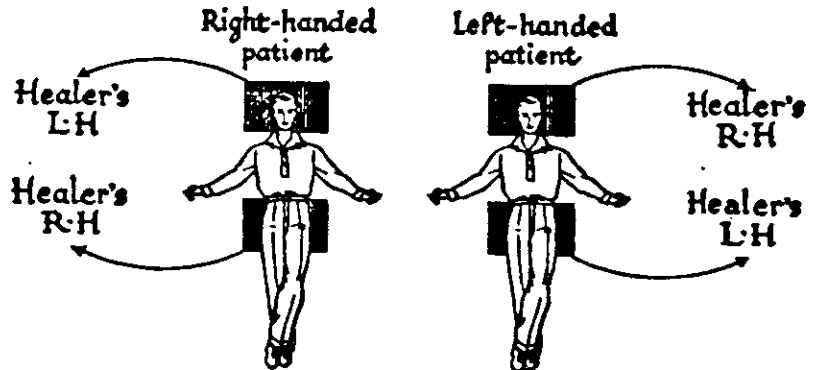


FIG. 4.—Relaxation circuit between right-handed healer and right-handed and left-handed patients.

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# The Pattern of Health

*A search for  
a greater understanding  
of the life force  
in health and disease*

SECOND EDITION

by

Aubrey T. Westlake

B.A., M.B., B.CHIR. (CANTAB),  
M.R.C.S., L.R.C.P.



Shambhala

Berkeley and London

1973

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## HEALING AND HEALERS

always maintained that, while one could increase the 'physical,' the 'psychic' could not be altered – that was what one was born with.

But I am sure that Mrs Tarpey was capable of altering and increasing the 'psychic' reading, and restoring mental and emotional normality – whatever might be said to the contrary – an observation which should give hope to many sufferers who have given up all hope of improvement.

To readers who would know more of Mrs Tarpey and her healing I would recommend her little book *Healing by Radisthesia*, published by the Omega Press in her ninety-fifth year. Here they will find a description and list of her more spectacular cases.

About this time too I came in contact with Mr L. E. Eeman, whose technique of healing was particularly interesting to me, as he appeared to have discovered and applied in a unique manner 'the laying on of hands'.

After an air crash in 1918 he was admitted to hospital a physical and nervous wreck. He was finally discharged in 1919 as permanently unfit for duty and with 100% disability pension.

Through his own discoveries, which he records in his book, *The Technique of Conscious Evolution*, he restored himself to complete health, and subsequently he developed them into a form of therapy which he practised with great success from 1922 to 1957 at his well-known consulting and treatment rooms at 24 Baker Street, London.

His main discoveries may be stated thus:

1. Any trauma, especially a psychological one, tends to set up a nervous muscular tension in some part of the body, which tension is unconscious, and a vicious circle tends to be set up. To resolve this it is necessary to make the tension conscious. As soon as this is done the tension goes and there is complete relaxation. Any tendency for the tension to return can be dispersed by conscious thought.
2. Removal of the neuro-muscular tensions tends to an emergence of the buried memories which first produced them, together with the emotional content, which consists of the psychic energy repressed with the memory.

## THE PATTERN OF HEALTH

3. This released energy is now available to the patient for his restoration, i.e. healing; or it can be added to the total available energy of the body.

4. This psychic energy has a polarity which can be used therapeutically.

Eeman's basic healing technique was based on these principles, and consisted in the first phase of practical instruction in the art and science of complete, conscious relaxation.

He would demonstrate on the patient that one must start at the feet and gradually work up the body, relaxing the various muscles in turn, paying particular attention to the chest and respiration, usually full of tensions, and finally ending up with the head and neck, in which last all the most refractory tensions seem to congregate.

One result of this muscular relaxation or 'Myognosis', as he called it, is 'emergence', by which Eeman meant a vivid and full reliving of the buried and unconscious original experience which had produced the tension and trauma. This, Eeman maintained, was real psycho-analysis, as in the course of teaching relaxation he would also enable the patient to gain relief from his hidden complexes. As he said: 'The fundamental soul, nerve and body healing factor in both confession and analysis is re-penitance, re-thinking, re-memorising and re-living.'

But he laid it down as axiomatic that this re-living can only be done thoroughly and cathartically if the patient is in a relaxation circuit and remains completely relaxed. It is of interest to note that Eeman used to accomplish in a comparatively few sessions what it might take an ordinary psycho-analyst years to uncover, if he managed it at all; and the result would be nothing like so good.

When Eeman was satisfied that the patient could at will relax every part of himself, and emergence had taken place to a lesser or greater degree, the patient went on to the second phase, which consisted of relaxation in circuit.

As I have said, Eeman rediscovered the body's polarity, viz. (a) that the right side of the body, including the right hand, is positive; (b) that the left side, including the left hand, is negative; (c) that the back of the head is positive, and the base of the spine

## HEALING AND HEALERS

negative. He found that if he joined up these poles a circuit was created. He did this by running a wire held in the right hand to a copper mesh mat placed under the sacrum, and similarly a wire in the left hand to a mat at the back of the head, and then joining the two mats together with a wire, so that he got positive to the negative, negative to positive and positive to negative.

This 'set up' produced what Eeman called 'the relaxation circuit'. If the wires were reversed, so that it was negative to negative and positive to positive, then what Eeman called 'the tension circuit' was produced.

A single person could be put into his own relaxation or tension circuit, though it was found that it was more effective if others were also introduced into the same circuit.

Eeman experimented with all sorts of arrangements of the polarities and with various numbers of subjects in the circuit, and he finally came to the conclusion that a circuit which combined parallelism with serialism gave the best results, as this also enabled one or more subjects to depart without breaking the circuit. This was the beginning of his conception of co-operative healing, which it was his ambition to develop on a large scale.

But to go back to the patient who had been taught relaxation. The next phase of the treatment was to put him on a specially designed deck-chair in which he could completely relax as the polarities of the body were joined up for the relaxation circuit. Usually Mr Eeman and his assistant, Miss Cameron, joined in as well to reinforce the power. After a short while there was a feeling of increased relaxation, of warmth and of well-being, and then a drowsiness which usually ended in sleep, which might last thirty minutes, at the end of which all members in the circuit would wake at the same time 'with a greater sense of well-being than after a good night's rest and with a feeling that each had got more out of the pool than he had put into it'. In other words, the well could help the sick without detriment to themselves, which, however, was true only up to a point, as it is said to think that Eeman's death at the comparatively early age of sixty-nine in 1958 was probably due to the fact that he took too many of his patients' illnesses on himself.

Eeman wondered, to start with, whether there was a difference

of polarity between male and female, but, much to his surprise he found that the difference was not one of sex nor of incompatibility of temperament but of right and left handedness. To put a right-handed person in a relaxation circuit with a left-handed person, without reversing the wires, was to create a tension circuit, which was apparent at once in a tensing of muscles, a change in the rhythm of breathing, a coldness which might become intense, and an acute restlessness going on to an unbearable tension which could only be relieved by screaming. But immediately the wires, i.e. the polarities, were reversed, all was well.

As will have been noted, there is such a close analogy to electromagnetic polarity that at first Eeman thought he was dealing with this and formulated the hypothesis that 'conducted wireless radiations emitted by the human body can be used therapeutically provided polar opposites are linked by electrical conductors'.

But when I began to collaborate with him in his work it struck me that there was a much greater similarity to Reichenbach's positive and negative odyllic force than to electricity or magnetism, and that it was far more likely we were dealing with an odyllic phenomenon than an electro-magnetic one.

I suggested to Eeman that this could easily be tested by substituting silk pads for the copper-mesh mats and silk cords for the copper wires. If the force was odyllic the circuit would still take place; if it was electro-magnetic, it would cease, as electricity is not conducted by silk.

Eeman agreed to experiment, and in the event he devised a much more elaborate and conclusive test which completely vindicated and endorsed my suggestion. *Vis Medicatrix* was not electrical, whatever else it might be.

For thirty years Eeman experimented ceaselessly and made discoveries of the greatest importance. For example, he found that drugs could be introduced into the circuit and could be identified by the person acting as the sensitive in the circuit by the effects produced and felt. It was discovered that this, in fact, was an excellent way to 'prove' a homoeopathic remedy. From this it was only a step to introducing drugs, either allopathic or homoeopathic, into the circuit for purposes of treatment, as it was found that better therapeutic results could be obtained in this way than

by taking the remedies by mouth. The very effective auto-urine treatment was made aesthetically possible in this way.

He found, too, that subjects in circuit were much more open to suggestion, and he devised the experiment of getting one person to concentrate on some definite idea, and it was then found that all the rest in the circuit produced the same idea. He called this 'group telepathy'.

All these and many other things of considerable importance are discussed with a wealth of experimental data in his main book, *Co-operative Healing: the healing properties of human radiations*.

I hope I have been able to show how Eeman broke new ground in the exploration of this vast field of *Vis Medicatrix Naturae*, and that others may be stimulated to continue the work where he left off.

At the end of a paper on 'The effects of conducted radionic emissions from drugs and blood extracts in the co-operative healing circuit' Eeman quoted a letter which I had written him in support of his idea that in the co-operative healing circuit those convalescent from an illness, particularly if it was microbial or virus, could help those in the grip of the disease. I said:

'I thought you would be interested in the following quotation from van Helmont's famous treatise: *De magnetice vulnere curations*, as it seems to be a direct forecast of your discoveries about co-operative healing in infections, etc. This is what he says:

'For he who hath once recovered from that disease hath not only obtained a pure balsamical blood, whereby for the future he is rendered free from any recidivation of the same evil, but also infallibly cures the same infection in his neighbour . . . and by the mysterious power of Magnetism transplants that balsam and conserving quality into the blood of another.'

'It might be a description of your healing circuit!'

Eeman added in comment: 'And van Helmont had died before 1650! We had von Reichenbach a hundred years ago; Mesmer two hundred years ago; and now we have van Helmont three hundred years ago. What a humbling thought! And one, perhaps, which might lend some support to a suggestion that I have repeatedly advanced during the last twenty-three years; that is,

TABLE VI



The logarithmic Tone Spiral up to Index 0.

The tone logs give the distances of the respective circles from the centre, their angular values being represented by the radii. These are calculated for Tone G, for example, with its log 585, thus:

$$1000 : 585 = 360 : X$$

$$585 \times 360$$

$$X = \frac{\quad}{1000} = 210.6^\circ$$

(After H. Kayser, *Der Hörende Mensch. Elemente eines akustischen Weltbildes*, 141-158, Lambert Schneider, Berlin, 1932).

## PSYCHO-PHYSICAL EFFECTS OF CONDUCTED RADIONIC EMISSIONS FROM DRUGS AND BLOODS

by I. E. EEMAN

The Chairman, J. GERRIT MARY, B.Sc., A.R.C.S., F.R.A.S., said: "I am especially glad to be privileged to introduce the lecturer, since Mr. Eeman is not only an old and valued friend of many years standing, but I have also collaborated with him in a small way on several occasions in connection with the experiments about to be recounted. At the same time, I wish it to be clearly understood that my own interest in the problem is strictly impartial, from the standpoint of an independent scientific witness, whose concern is, in this case, purely academic."

Mr. Eeman is already well known to many of those present as a scrupulous radiesthetic or radionic investigator who has also achieved outstanding successes in his somewhat unusual and (officially speaking) unorthodox therapeutic practice, as what would formerly have been termed a "magnetic" healer; broadly following in the tradition of that much maligned practitioner Anton Mesmer and his successors. Congress has already heard something of the general historical background of this aspect of radiesthesia in its relation to modern medicine from Dr. Westlake. Mr. Eeman is now going to carry the matter a step further on the practical and theoretical side by describing his own prolonged experiments and practice during the past thirty years. He will also be demonstrating something of his own methods—involving the fundamental principle of psycho-physical relaxation plus application to his subjects of the supposed vital energy, with its seemingly specific characteristics in different cases—after the last lecture each evening.

The lecturer was first led to enquire into the healing properties of the natural forces here in question as a result of an air accident and personal dismemberment during the First World War, failing a cure by normal medical methods. Having cured himself dramatically, he naturally set about trying to help others; and this mission, aided by prolonged experimental work of a very open-minded and, one might fairly say, unprejudicial kind, has resulted in the writing of several challenging books on the subject, to the last of which, *Co-operative Healing* (F. Muller Ltd., London, 1947) those interested should refer for further details. The latter book also contains an Introduction and Appendix by me, in which I have endeavoured to show briefly that Mr. Eeman's contentions appear to rest on demonstrable and reputable physiological and radionic facts; also how well the author's main conceptions, observations and clinical practice fit into the ancient tradition and its present-day rebirth in terms of radionics and radiesthesia. Mr. Eeman, though not originally a scientist, received an early legal training, and this moulded his mind so as to fit him to assess facts and evidence with an acuteness and impartiality not infrequently lacking, alas, in many professional scientists. Mr. Eeman will now present some of those facts and that evidence interpreted in radiesthetic and "radionic" terms.

To some of you it is axiomatic that the living body, like its component organs, limbs, cells and atoms, is bi-polar, and that, as they do, it emits specific radiations, waves, wave-forms, emanations, or whatever other symbol you may find suitable. To some others, these notions may appear not only "not proven," but actually fantastic.

To myself, in May, 1919, they amounted to no more than an ill-defined intuition, though one vital enough to have compelled my fascinated interest and questing experiments ever since. And throughout these years three ideas have imposed themselves with progressive insistence: bi-polarity, resonance and specificity.

For the purpose of this paper I will use the working hypothesis that "the Head and Right hand of right-handers are positive and their Sacrum and Left hand negative, and the reverse for left-handers," and that if one connects any of these polar opposites by means of a suitable conductor, "something" must happen.

Experiments based upon this hypothesis aim at showing "what" happens and how it can be varied by controllable factors.

From the start, I automatically used electrical conductors in my experiments, but it soon appeared that electro-magnetism was not the main agent at work, for results beyond its powers were common. However, after 31 years of investigation I am still unable to go beyond this negative assertion and I must leave it to specialists to identify the force we are using, although in my book *Co-operative Healing* I have suggested that it was the "Vis naturae medicatrix" of the ancients.

The following simple experiments prepare the ground for our discussion of to-day:

*First experiment.*—The subject relaxes on the back. He holds in his hands two metal handles which are connected by four yards of insulated copper wire, but can be disconnected unknown to him. With a little practice he differentiates between the broken and the closed circuits from his improved functions when he is in the closed. He thus shows that some form of energy flows from hand to hand along the copper wire in the closed circuit.

*Second experiment.*—The wire between the subject's hands is placed under and parallel to his spine (and preferably widened into two copper-gauze mats, about one foot square, under his head and sacrum respectively). He observes marked differences in his functions when he changes the two handles from hand to hand.

Whether he is a Right or a Left hander, whenever he holds in his Left hand the handle connected with his Head, and in his Right that connected with his Sacrum, he observes: progressive voluntary muscular relaxation; warmth, well-being; drowsiness often culminating in sleep; slower and stronger pulse; slower and fuller respiration, less thoracic and more abdominal, and with deeper deflation; lowered high blood pressure; increased salivation; and a lowered pitch of the voice. This is termed a "relaxation and healing circuit."

The opposite circuit reverses all the effects of the first and is termed "Tension circuit."

*Third experiment.*—The Head and Sacrum copper-gauze mats of several subjects in the relaxation circuit are connected in one group to form one of the many possible "Co-operative Healing Circuits." It is then observed not only that the subjects help to heal each other, but that in the process signs and symptoms are unconsciously transferred from one subject in the circuit to another. Such transfers include pulse and breath rates; blood pressure; the temperatures of menopausal flushes; fevers and other toxic conditions; and various aches and pains. More important, they also include immunity to various infectious complaints.

This sets us our problem for to-day: are these transfers psychical or physical, or both, concurrently or alternatively? Would one get the same results in the healing circuits whether one used Mrs. Jones (who has just recovered from measles) or her serum, sputum or urine? Would drugs, vaccines, sera, urines, or any other blood extract placed in series in the circuit between subjects and neither ingested by nor injected into them act on them specifically? And, if these substances do act by conduction, does not that suggest that their efficacy, when ingested or injected may rest on the radiations of electronic, or other specific frequencies, rather than on chemical properties?

Such questions as these are answered by experiments only. I made the first of these in 1927. I connected my L with the H and my R with the S of a lady whose temperature was 103.5. Within 30 minutes it was stabilised at 102, in what I call the "no reaction state." I then cut the wire between my L and her H and completed the relaxation circuit through a solution containing 5 grains of salicylate of soda. Instantly specific reactions re-appeared in both of us and when we again reached the "no reaction state" her temperature was barely over 100.

During the next few years I made innumerable experiments of this type and concluded that although one can never exclude suggestion, auto or hetero, from any such experiment, suggestion was not the operative factor. However, as far as I know, no doctor of medicine ever made one single clinical experiment with drugs in the healing circuit until Dr. A. T. Westlake did so in 1949. He has told you of his findings and I cannot adequately thank him for his encouragement. I also have to thank Mr. Eric Powell, the well-known homeopathic research worker, for his clinical support, and I may mention here that Dr. Westlake has written an introduction to Mr. Powell's last book *The Group-remedy Prescriber*.

My very first piece of good fortune in this field came when on the 27th May, 1936, when I met our present Chairman, Mr. J. Cecil Maby, on the introduction of Professor J. B. Rhine. I cannot describe here how much I owe to his open scientific mind, to his kindness and to his patience, but I trust that in *Co-operative*

*Healing* I have made both my debt and my gratitude to him abundantly clear.

After many discussions and much planning he arranged an "electric chair" with which we made our first joint tests on the 27th April, 1940. He sat me on one electrode and placed another under a thin pad under my head. The substance to be conveyed to me was included in one output lead, in series, as an aqueous solution. And, as he wrote at the time: "Eman was the 'patient' and he had no means of knowing what I was administering to him electrically. In these circumstances he not only picked the positive-to-head arrangement as being most soothing and beneficial, but also made remarkably detailed statements on his sensations and bodily reactions; including blood pressure and circulation, respiration, muscle tone, salivation, gastric and other gland action, neuritic pains, &c. And all these *in every instance*, were suitable to the nature of the medicine. Though the latter had only been administered in the form of electric oscillations and radiation." (See *Co-operative Healing*, p. 200 and ff.).

At the time Mr. Maby and I differed on only one point: I was satisfied that human energy alone was sufficient to work the circuit with drugs and/or blood extracts, but he believed that he could boost up the "vis naturae medicatrix" by using electricity, and so we used it in our first tests. We were however in complete agreement as to the kind of experiments which should induce doctors of medicine to give drugs and blood extracts in the healing circuit a clinical test, preferably in the infectious-fever ward of a hospital.

To help us make such tests possible, a North of England chemist sent us 28 bottles, containing different substances. He labelled these A to Z and Alpha and Beta, sharing the key to these labels with a Northern friend only, in case of mishap. My assistant, Miss Mary Cameron, Mr. Maby, and I agreed to test each drug, "blind," at least twice between us. In fact, we tested some of them three times. Each test was to last 5 minutes unless the subject found his reactions too unbearable.

Time only allows me to single out from our 71 tests a few details and I must refer you to Chapters XV to XIX in *Co-operative Healing* for the assessment of their validity.

Let us begin with Miss Cameron's first three tests, the first three of the whole 71.

During Test No. 1 she speaks a great deal, describing symptoms of stimulated metabolism, which her signs confirm. The unknown drug in circuit is later found to have been 1 grain tablet of Thyroid.

During test No. 2 she does not speak one single word during the 5 minutes taken by the test. After the removal of the test tube from the circuit she remarks: "I was quite detached throughout." This was the only occasion in the 71 tests when silence was maintained throughout by the subject, except when a narcoitic

had produced sleep, and the only time when the subject offered such a comment. The "drug" was: Distilled Water.

During test No. 3 she showed wild exhilaration and even intoxication, both in her remarks and in her behaviour. The drug was a 5 milli. tablet of Benzadrine.

Miss Cameron's comments on her first three tests are not only appropriate to the drug in circuit but they are in marked contrast with each other.

Next I will take a drug tested by all three of us, Mr. Maby, Miss Cameron and myself, in that order: Tests Nos. 29, 36 and 43. In sending us the key to these numbers our Northern Chemist commented: "The circulatory effect in all three tests is marked," showing the unanimity which frequently recurs throughout the 71 tests.

I then take test No. 32, not only because, as our chemist says: Mr. Maby shows in this "a marked example of the action of Adrenalin," but also because both Miss Cameron and I have identified this substance by name when in circuit with it outside the 71 'blind tests.'

I will take test No. 50 next. I enjoyed this so much that I not only extended the test beyond the stipulated five minutes to nine minutes, but after the day's work I asked Miss Cameron to put me in circuit with that "marvellous drug" once again, a thing which I did not do for any other substance! It was Cannablis. . . . When Miss Cameron tested this drug in turn, in test No. 64, our chemist wrote of her symptoms: "Notice the peculiar sensations for which addicts take Cannablis."

When we were ready to test the last seven of our chemist's 28 "blind" drugs, he sent us an additional four tubes, labelled I to IV in Roman figures, and he asked us to be careful with them as they contained "bugs." This clearly suggested "fever." Miss Cameron and I each tested these four new tubes, making eight additional tests, and we were rather depressed when we found that for seven out of these eight tests we had registered not "fever," but "cold," and had registered cold once again immediately after the eighth test. However, our depression changed to glee when our chemist confessed that he had deliberately suggested "bugs," and therefore "fever," when he was in fact sending us "vaccines" with anti-pyretic, i.e., "cold" producing properties. He had done this to test the effect of suggestion, and though "blind" we had gone against suggestion and . . . been right. And there were only eight vaccine tests in the 71; and "cold," or its equivalent, appears only in 17 tests, and seven of these coincide with seven out of eight vaccines.

After the 71 "blind" tests of drugs in the usual doses, I will now deal with our tests of the minute doses used by homeopaths. Our friend, Dr. George Calhcart, brought us seven tablets labelled A to G. Some days later we gave him our report on our tests

of them, and a few hours later he was back on our doorstep in a state of great excitement. He asked me if "I realised what I had done for *Lachesis*?" I told him that "I had never even heard the name of the staff before." He informed me that it was a "snake poison" which acted on the left side of the body and that I had shown that particular lateral effect." I had never observed such an effect before in hundreds of tests!

After Homoeopathic doses, M. & B. 693.

Just as this drug was becoming famous and I longed for a chance to test it in the circuit, Miss Cameron developed a cold. I gave her one single tablet of the drug for use in the circuit in aqueous solution, and impressed upon her the importance of not staying in circuit with it for more than TEN minutes! Unfortunately, when she went to bed she held in her hands not only the electrodes, but a book, and she fell asleep reading! When she woke up she had been in circuit with the drug for about ONE HOUR! Next morning she had a terrific headache, fever, acute depression, and a rash on both hands and forearms and nowhere else! Whatever had acted on her could only have done so through her hands and forearms! We consulted a reference book and found that the effects of an overdose of M. and B. 693 were: headache, fever, depression, rash. And neither of us had known any of this beforehand!

After M. and B. 693, Penicillin.

No Radiesthetist has helped me as much in my researches as has Mrs. Barracough, and I cannot better express my admiration for her skill and infinite capacity for taking pains than by quoting one of the many tests of the circuit which she devised. During the first days of Penicillin a well-known firm of chemists made an infusion of Penicillin Notatum, potentised it and asked a few Radiesthetists to experiment with it and report their findings. As the effect of potentised Penicillin was quite unknown, Mrs. Barracough decided to check her radiesthetic findings against those produced in the circuit. She had found that the homoeopathic form mainly energised the sympathetic nervous system but was not particularly effective with infectious states. Neither Miss Cameron nor I had any first-hand knowledge of the drug, nor did we even know what Mrs. Barracough had in circuit. We were both tested radiesthetically before going in, particularly for the state of our nervous systems, and were found normal. Miss Cameron's first reactions were: "I like this, it is pleasant." She was smiling. After about two minutes her smile vanished and she said: "I think I am beginning to feel too excited," and then: "I think I want to cry"—and cry she did with tears running down her face.

As I was much less sensitive than Miss Cameron, I felt rather disturbed, but no more.

NOTES ON A LECTURE-DEMONSTRATION GIVEN ON SATURDAY, 4TH FEBRUARY, 1950, AT SWEDENBORG HALL, BY L. E. FEMAN.

Tabulation of radionic rates taken by Mrs. Atkinson and shown on the blackboard as the demonstration proceeds.

NOTES: Re means Relaxation rate. PP means Posterior pituitary  
AP means Anterior pituitary. SR means Supra-renal  
Fi means Fibrositis

The Adrenalin used was sealed in its test tube in 1944. All changes of drugs or circuits are effected without informing the subjects as to what is happening. (See text).

	A.	B.	C.
	Mr. Sudbury Fisher	Mr. Stanley Lief	Mrs. de la Warr
Preliminary rates	Re AP PP SR Fi	Re AP PP SR Re AP PP SR	45 60 52 62 55 60 52 55 55 50 65 65 70

After 20 minutes in the Relaxation circuit, the rates have changed as under:

Relaxation circuit	08 62 70	80 82 82	80 78 80
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After about 15 minutes, Adrenalin is introduced and within 1½ minutes the rates are changed as under:

Adrenalin	90	92	94
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Within two minutes of the removal of Adrenalin the rates are down again as under:

Removed	70	80	75
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After about ten minutes a compound of some 3,000 urines is introduced and within 1½ minutes the rates are changed as under:

3,000 Urines	80 68 68	80 55 55	85 85 58
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Removed Tension Circuit

Removed Tension Circuit	60 65 58	68 65 68	75 70 72
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After about 5 minutes the circuit is reversed for 1 minute from relaxation to tension (see comments of patients who move, &c.) and then reversed again. (See comments of patients who relax again at once).

About 2 minutes later the relaxation rates are as under:

	70	80	75
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but though this is a great improvement on the preliminary rates, there is a further improvement inside 2 minutes of introducing Nat. Mur. as under:

Nat. Mur. Fibrositis	80	88	80
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After the demonstration Mr. Sudbury Fisher finds his shoulder much improved and on testing him his fibrositis rate is reduced from the preliminary

to

Finally, to settle whether the acceleration of the sympathetic system had been really due to the drug in circuit, Mrs. Barracough substituted for it a few tablets of Kali Phos., the well-known Schussler Biochemic remedy for nerve tension—and in two minutes Miss Cameron was smiling again saying that all her feelings of undue excitement had vanished.

After Penicillin, urine and other blood extracts.

A doctor was rather sceptical about the notion that being in circuit with an infectious case might make one ill. He sits in circuit with an acute T.B. case and is ill for several days. Eventually he is cured by ONE circuit with the patient's urine, sputum and pus.

He relates his experience to another doctor who laughs at him but nevertheless accepts my challenge. He too is ill for several days and cured by ONE circuit with the patient's urine, sputum and pus.

These two cases can be duplicated many times. They clearly recall convalescent serum therapy.

What do practitioners who use Radionic machines detect in the "Co-operative Healing" circuit? As recently as the 4th February last we gave a lecture demonstration before the Radionic Association at which Mrs. Atkinson used the "de la Warr Diagnostic Apparatus" at the suggestion of Mr. de la Warr himself. We had as subjects in the circuit three volunteers: Mr. Sandbury Fisher, himself a de la Warr practitioner; Mr. Stanley Lief, and Mrs. de la Warr herself.

As a preliminary, Mrs. Atkinson takes the Relaxation, Anterior pituitary, Posterior pituitary and Suprarenal rates of the three subjects, and after 20 minutes in the relaxation circuit the three glandular rates are considerably UP for all three subjects. (See table).

Adrenalin is then introduced unknown to the subjects and in one-and-a-half minutes their suprarenal rates are UP further, respectively from 70 to 90; 82 to 92; and 80 to 94, and are down again within two minutes of the removal of the Adrenalin to 70, 80 and 75 respectively.

Ten minutes later a compound of the urines of some 3,000 patients, mostly suffering from infections, is introduced. Within one-and-a-half minutes the respective glandular rates are changed as follows:

A.P. from 68 to 80, unchanged at 80, and 80 to 85.

P.P. from 62 to 68, 82 to 55, and 78 to 85.

S.R. from 70 to 68, 80 to 55, and 75 to 58.

Within two minutes of the removal of the 3,000 urines the rates are changed as follows:

AP from 80 to 60, 80 to 68, and 85 to 75

PP from 68 to 65, 55 to 65, and 85 to 70

SR from 68 to 58, 55 to 68, and 58 to 72

At the suggestion of Mrs. Atkinson, Nat. Mur. 30 is introduced unknown to the patients. Their relaxation rates pass within two minutes respectively from 70 to 80, 80 to 88, and 75 to 80 after preliminary readings of 45, 60 and 50 respectively.

The report of this demonstration shows that in all cases the signs and symptoms of the three subjects were in keeping with

the drugs in circuit and with Mrs. Atkinson's rates, although the subjects knew nothing about either drugs or rates! And, it is worthy of note that whereas most patients react to drugs in a similar fashion, whether up or down, for urines and other blood extracts they react diversely.

Some 18 months ago Dr. A. T. Westlake suggested that I should endeavour to demonstrate the nature of "Vis naturæ medicatrix" which we agreed we were using. I replied that in *Co-operative Healing* I had already stated my conviction that the healing force was not electrical although many of our reactions to it were so similar to our reactions to electricity that they suggested the use of electrical terminology. And, I added, without any false modesty, that I was not competent to carry out such an investigation!

Some months later he convinced me that I should experiment with silk as a conductor in the circuit. He argued that if I got the same results with silk as with copper, however incompetent I might be, I would help to confirm Reichenbach's findings of over 100 years ago that "Vis naturæ medicatrix" was NOT electrical. Knowing, roughly, what experiments my good friend was making, I tried a different approach without telling him of my plan.

First of all, Miss Cameron and I tested the silk circuit by ourselves. Then, satisfied that it worked for us, I planned a group test for six subjects in the co-operative healing circuit with drugs and urines. A lecture which I gave to the London Group of the British Naturopathic Association on Sunday, 19th March last, offered us the ideal opportunity. Mr. Stanley Lief was in the chair and since, at the Radionic Association lecture of the 4th February, we had ascertained his reactions to (a) the relaxation circuit, (b) Adrenalin, (c) the 3,000 urines, (d) the tension circuit, and (e) Nat. Mur., I asked him to be one of my six subjects in circuit. Since I was going to use exactly the same drugs and circuits as at the Radionic meeting, only in a different order and in a different way, Mr. Lief was the natural control subject, though he was not aware of his function.

I first inserted the drugs and urines in one order of succession at one end of the circuit, and then inserted them in a different order at the other end of the circuit. Not only did the subjects display the right signs and describe the correct symptoms for the different substances and circuits, but Mr. Lief identified both substances and the circuits from his recollection of his reactions to them at the Radionic Meeting.

It was only after I had underlined Mr. Lief's remarkable accuracy that I disclosed to the six subjects in circuit that whereas at Mr. Lief's end of the circuit conduction was by copper, at the other end it was by silk. Since the subjects had shown correct reactions to drugs and urines at whatever end of the

circuit these had been inserted and whether conduction had been by copper or by silk, it appeared that Dr. Westlake was right, that von Reichenbach had been so 100 years ago, and that, in a sense, Mesmer had been so too 200 years ago.

At the beginning of my paper, I underlined the fundamental importance of three factors: bi-polarity, resonance and specificity. I want to do so once again before closing.

The thumb of each hand is of opposite polarity to that of the hand itself; i.e., in right-handers of either sex the right hand and fingers are positive and the right thumb is negative, whilst the left hand and fingers are negative and the left thumb is positive. And all that is reversed in left-handers.

This is easily appreciated with the help of a "dactylopath," a small apparatus which I recently designed and first used in public on the 10th of March last. It enables an operator to connect any finger or the thumb of a subject's right hand with any finger or the thumb of that subject's left hand, by means of copper wire, and to vary any arrangements so made, at will, and all unknown to the subject.

Experiments made so far with the "dactylopath" confirm the signs and symptoms manifested by two subjects, Captain Atkinson and myself, when we were merely connecting our fingers and thumbs directly, i.e., without wires. Further, all our findings were reinforced by readings of the de la Warr diagnostic apparatus operated by Mrs. Atkinson.

Here is one of her many readings:

MID-BRAIN EFFICIENCY  
Direct contact of fingers and thumbs

	(Captain	
<i>Subjects:</i>	Atkinson	L. E. Eeman
Initial reading . . . . .	68	63
Thumbs and first fingers crossed . . . . .	42	48
All opposites joined . . . . .	52	63
Hands clasped . . . . .	74	78

All those changes were registered inside five minutes per subject.

Here is another reading:

ENDOCRINE CENTRE EFFICIENCY  
Blind contact through "Dactylopath"

	(Subject:	L. E. Eeman
Initial reading . . . . .	72	
My thumbs and first fingers are crossed, blind:		
After 10 seconds . . . . .	70	
After 20 seconds . . . . .	65	
After 35 seconds . . . . .	56	

I then experienced such violent spasms and discomfort that I broke the circuit and clasped my hands, when at the end of the fourth minute my rate was up to 78

We noted that:—

(A) when connecting thumbs with any of the opposite fingers disturbances followed. This might have been expected from contact between polar opposites.

(B) disturbances varied in quality, quantity and location in the body with the fingers opposed to the Thumb. This suggested not only polar opposition, but specificity as well.

(C) disturbances localised in different organs, &c., also appeared when fingers (and not thumbs) were crossed with fingers other than their actual opposites. This suggested specificity in the absence of polar opposition.

We concluded that a new field of exploration opened before us and that it was worthy of attention.

I must now close this paper upon "the effects of conducted radionic emissions from drugs and blood extracts" in the co-operative healing circuit, and I cannot end better than by quoting from a letter Dr. Westlake wrote me on the 12th March last. It reads:

Dear Eeman,

I thought you would be interested in the following quotation from van Helmont's famous treatise: *De magnetica vulnerum curacione*, as it seems to be a direct forecast of your discoveries about co-operative healing in infectious, &c. This is what he says:

"For he who hath once recovered from that disease hath not only obtained a pure balsamical blood, whereby for the future he is rendered free from any recidivation of the same evil, but also infallibly cures the same affection in his neighbour . . . and by the mysterious power of Magnetism transplants that balsam and conserving quality into the blood of another."

Dr. Westlake added: "It might be a description of your healing circuit." And van Helmont had died before 1650! We had von Reichenbach 100 years ago; Mesmer, 200 years ago; and now we have van Helmont, 300 years ago. What a humbling thought! And one, perhaps, which might lend some support to a suggestion which I have repeatedly advanced during the last 23 years, that is, that the radionic emissions of drugs and blood extracts in the co-operative healing circuit should be investigated in the infectious ward of one of our hospitals? After all, 300 years is quite a long period of incubation, even for an idea!

# BIOCIRCUITS: NEW TECHNOLOGIES IN WHOLISTIC HEALTH

Terry Patten, Tools For Exploration

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They're more powerful than some brain machines costing over a thousand dollars, and yet biocircuits can be made at home in a few hours with parts costing only about \$20. They were invented over sixty years ago and hundreds of people have testified to their amazing and subtle efficacy, and yet until recently, biocircuits have remained unpublicized, cloaked in obscurity.

The paradoxes surrounding biocircuitry confronted my wife Leslie and I from the very beginning of our research for the book *Biocircuits: Amazing New Tools for Energy Health*. When Leslie began researching it, she was an enthusiastically satisfied user of the original "Eeman screens," a potent but deceptively simple apparatus consisting of two copper screens, each linked by wires to two copper handles. The user grasps the handles while lying on top of the screens, one screen beneath the base of the spine and the other beneath the top of the spine at the base of the skull (see first illustration, page 14).

She had used the screens regularly for about six years, originally to relieve stress at the end of the work day.

After fifteen to thirty minutes in Eeman's "relaxation circuit" Leslie felt she had a fresh reserve of energy for her evening's activities. Eventually, while lying on the biocircuit Leslie began to have blissful experiences in which she would feel lifted out of her ordinary identification with the body, continuous with a field of pleasurable energy radiating around her in all directions. Together with a few striking occasions in which we saw the circuit's ability to strengthen her overall health, these experiences were persuasive: biocircuits were an extraordinary tool that more people should know about. Together we agreed that something should be published, and we ended up writing a 240 page book describing a whole new field of research, of which the Eeman screen was only one aspect.

One of our first questions during research had to do with the inventor of the screens, a little-known Englishman named Leon Ernest Eeman. What other inventions and what other research had he been involved with, and how had he happened upon biocircuitry? When we obtained a copy of Eeman's opus, *Cooperative Healing*, we discovered that there were no inventions, and no other research; he had devoted his entire career, over a forty year period, to his "relaxation circuit."

Eeman built the first biocircuit as a way to heal himself from debilitating injuries suffered during the first World War, in which he served as a pilot, surviving one crash. Given up by medical doctors as "100% disabled," Eeman resorted to the Bible for guidance. He noticed Jesus' admonition that the sick should be healed by the "laying on

of hands." Why the plural? Why "hands" and not "one's hand"? Perhaps our bodies were bi-polar systems, and perhaps the presence of both hands created a necessary circuit. Eeman wanted to heal himself directly, so he invented a way to "lay hands on" his own central nervous system. Two copper handles to connect the wires were to carry the healing influence of his hands directly to two copper screens which Eeman placed beneath the top and bottom of his spine. When he lay in this apparatus Eeman felt a soothing and pronounced relaxation take place. He used this device daily in an attempt to heal himself. Within a year, he was fully recovered. He spent the rest of his life exploring his extraordinary discovery.

Eeman saw his "general relaxation circuit" as a major discovery for medical science, a therapeutic tool with almost limitless applications. He opened a private healing practice in which he used the relaxation circuit to treat a wide range of medical conditions, and he reported very consistent success with problems ranging from insomnia to stiffness of muscles and joints to deep-seated psychological problems, which Eeman could address by using the circuit to unearth buried memories and emotions associated with forgotten childhood traumas.

In his earliest theoretical investigations, Eeman did a series of experiments in which he mapped three axes of polarity within the human body: head to foot, left to right, and front to back. Interestingly enough, his findings corroborate basic principles of traditional Chinese acupuncture, which view these axes of polarity as basic "yin-yang" balances within the human body. He found that when he connected the right hand to the base of the spine, and the left to the top of the spine, a relaxation circuit was formed. The person lying in the circuit would relax deeply, frequently being drawn into a deeply refreshing sleep. But when the handles were exchanged, connecting the top of the spine to the right hand and the bottom of the spine to the left, the person lying in circuit would become irritable, tense and uncomfortable, frequently even going so far as to fling down the handles and refuse to continue with the experiment.

After he opened his healing practice, Eeman found some people who were so weak and enervated that he felt he needed to insert a new source of energy into the relaxation circuit. Eeman rigged up some extra wires and handles and lay down next to his patients, directly connected to their energy flows. He found that the deeply soothing effects of the biocircuit were dramatically increased, at least most of the time. Eeman called this practice of connecting two or more people together in a single large

wiring diagram "cooperative healing." By sharing the body's natural healing energy, the two energy fields were "cooperating" to exert a more powerful healing influence. Cooperative circuitry became the arena for much of Eeman's most intriguing original work over the next forty years.

With cooperative circuits, Eeman noticed that the relaxation circuit carried a great deal of information of both a physical and mental nature. This observation formed the basis for Eeman's later development of several different therapeutic techniques, as well as a whole series of experiments in enhancing telepathic communication with the relaxation circuit.

Some of Eeman's most intriguing research was his experiments with drugs in the circuit. He had noticed that people in cooperative circuits seemed to notice, or even take on, specific physical sensations or experiences from the other people lying in circuit with them. For example, if someone lay down in a circuit while drunk, the others lying in the same circuit would feel slightly drunk themselves. One day while Eeman lay in a cooperative circuit with a woman suffering a 104° fever her temperature dropped to 102°. There it remained. This was as far as he could influence it. He cut the wire of the relaxation circuit and submerged the two cut ends into a glass into which he dissolved two aspirin tablets. Within two minutes, her temperature had dropped to 100°.

J.B. Rhine of Duke University suggested to Eeman that he collaborate with Dr. Cecil Maby, whom Rhine held in high esteem. Dr. Maby was especially interested in the effects of drugs in the circuit. A series of double blind tests, conducted by Eeman and Maby with the assistance of a pharmacologist, provided strong confirmation of what Eeman had observed. The experiments were conducted in such a manner that the identity of the drugs placed in the circuit was unknown not only to the experimental subjects but also the men conducting the tests. They carefully recorded each drug's influences, including all physiological and psychological, subjective and objective responses. Later, the pharmacologist correlated this data with the identities of the drugs that had been used (the identities had been kept secret from the other men). The subjects had accurately experienced the appropriate influence of each drug placed in the circuit.

Intrigued, Leslie and I tried a few experiments ourselves. We took a standard copper Eeman relaxation circuit and cut one of the wires. We stripped back the insulation and submerged each end into a solution of the most universally benign but powerful agent we could think of, Vitamin C. The sudden surge of clear, refreshed energy we felt was so strong and immediate that we each had to repeat the experience several times before we were sure that it hadn't been anomalous! Later we tried several other natural healing agents. Our subjective experience was unambiguous: the circuit certainly did communicate vibra-

tional influences. We began to look for other researchers who would corroborate -- or better, extend -- Eeman's findings.

During Eeman's lifetime, his drug experiments attracted the interest of Dr. Eric Powell, a leading homeopath in England during the forties and fifties. Powell repeated Eeman's drug experiments using homeopathic remedies, and concluded that the relaxation circuit communicated the vibrational influence more directly and cleanly, without as much risk of contamination as orally ingested homeopathic remedies. Powell began to use Eeman's circuit regularly in his private practice, both as a tool for relaxation and as a means for administering remedies to his patients. He developed a machine for inserting remedies into the circuit which he later marketed to other natural healers as the "Autonormaliser." Although Powell is best-known for his book, *The Home Physician*, he wrote another less well-known book about his work with Eeman's circuit, *Healing By Auto-Induction*. In that book, Powell recommends using the Autonormaliser with the patient's own urine. He reports that he obtained consistently good results in this manner.

By this time we were developing some investigatorial zeal and a sense of humor, so we tried out Powell's suggestion. We lay in the relaxation circuit next to a glass of our own urine, with the broken wires submerged in the glass. To me, these results were even more impressive than the Vitamin C. After ten minutes in the circuit, I felt so energized I didn't want to keep lying down. It was almost like drinking a couple of cups of coffee, except that I felt so strong and grounded, it was as though I were actually made healthier even as my energy was stimulated (a sensation that I certainly do not feel after drinking coffee). On several subsequent occasions, I lay in circuit with my urine upon awakening in the morning with a sore throat. Each time, the sore throat disappeared in the short time I spent lying in the urine circuit.

Our understanding of this technology advanced much further when we encountered Peter Lindemann, an American researcher born in 1951. Lindemann's biocircuit research, like Eeman's, developed out of his search for a cure for an "incurable" health problem of his own. In the process of his eventually successful search to heal himself via biocircuits, Lindemann became a sophisticated theorist about the principles underlying biocircuitry. He also developed the first major advances in biocircuitry since Eeman's lifetime.

Lindemann inserted a wide range of outside influences into the circuit. He worked with color influences, orgone accumulators, and a wide range of vibrational healing modalities, including radionics. In the process, he and his associate, Marty Martin, identified and described "vibration grafting." As Lindemann describes it, a vibrational influence is "grafted" directly into the energy harmonics of the body. When the graft "takes" there is an instant shift

in the body's vibrational dynamics, and the pattern of health is reestablished. At least theoretically, any vibrational modality can provoke this shift in the body's energy: homeopathy, Bach flower remedies, flower essences, gem elixirs, radionics, or other approaches. The vibrational graft is a simple but profound matter. Although grafting the vibration is fairly easy, it takes sophistication to determine what influence to place in circuit.

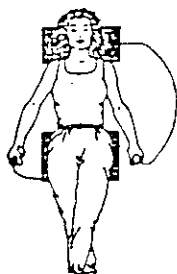
Nonetheless, a small number of universally benign substances will produce very positive benefits in circuit without prior analysis of the individual's energy patterns taking place. Included here are certain vitamins (particularly Vitamin C), one's own urine, food supplements or herbs which have a positive influence on an individual when ingested (these can range from wheat grass juice to ginseng), and color influences. Some people would also include aspirin. Remember, when you place these substances into a biocircuit, your bodily energies are directly affected by their vibrational patterns. It is important not to place any substance in the circuit that would be unhealthy to ingest orally.

Even without substances placed into the circuit, biocircuits are powerful tools. They provide a direct experience of subtle energy, powerful natural stress reduction, an opportunity for inner exploration, and a kind of subtle pleasure and enjoyment that is rarely discussed publicly in Western cultures. When substances are inserted into the biocircuit, they enable us to infuse their vibrational qualities directly into our bodies' energy fields. Used alone or with substances, biocircuits produce tangible results.

Unlike so many therapies which render the individual dependent upon a professional healer or teacher, biocircuits are self-empowering. With them, you experience the energy dimension directly, you influence it directly, and you learn your own lessons from your body's own natural energies directly.

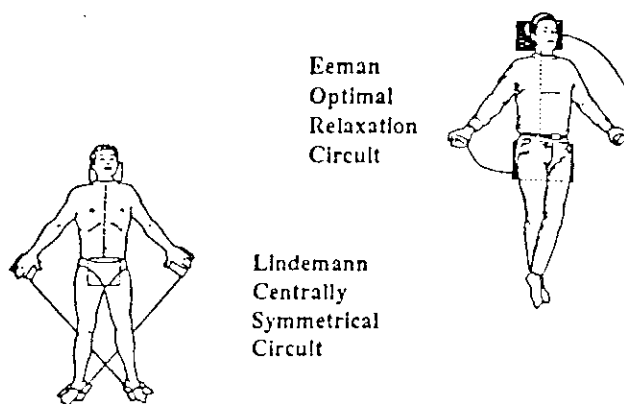
### THE BIOCIRCUIT AND ITS USE

Biocircuits can be constructed from copper or silk. Their design is very simple. Most copper biocircuits are constructed with two segments, each connecting handles with screens. The handles are held in each hand, and the screens are placed under the top and bottom of the spine. This forms the Eeman General Relaxation Circuit:



Eeman  
General  
Relaxation  
Circuit

The two other recommended biocircuit configurations are the Eeman Optimal Relaxation Circuits and the Lindemann Centrally Symmetrical Circuit:



Eeman  
Optimal  
Relaxation  
Circuit

Lindemann  
Centrally  
Symmetrical  
Circuit

How to use a biocircuit: Lie down on top of the apparatus in one of the illustrated configurations for 20-30 minutes (less, if using a substance), and relax as deeply and completely as you can. The most universal effect of the biocircuit is its ability to deeply relax you and relieve stress. It is not unusual to fall into a deep sleep.

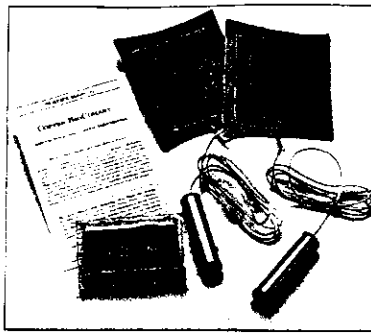
### When are biocircuits used?

- Before Bed. Many people like to use them in bed when they want to get to sleep.
- After Work. 15-30 minutes in the biocircuit after work usually rejuvenates and energizes users for their evening's activities.
- Cat Napping. Biocircuits can provide deep refreshment in record time. We have heard many reports of business people who use copper biocircuits for catnapping, helping them to refresh themselves in the mid-afternoon. Whether they fall asleep or not, they emerge deeply refreshed.
- After Flying. After an airplane flight, many people lie in circuit more than once that same day, or once on the same day and once the following day. Many people report that this quickly restores and harmonizes their natural energy.
- Subtle Body Sensitivity. The biocircuit will help familiarize and sensitize users to their etheric or subtle energies. It can become a tool for extensive inner exploration. This is especially useful for people who meditate or do subtle body work, including massage and healing work, but it is enjoyable and helpful for everyone.
- As an Aid to Other Practices. Biocircuits can be used in conjunction with other practices, as a "turbocharger" to speed progress and increase the effectiveness of those practices. They can assist various meditative practices, visualizations, affirmation, certain types of deep psychological self-discovery work, some brain machines, various subliminal and meditative audio tapes, and out-of-the-body experiences.

# Favorite Relaxation Tool

## The Copper BioCircuit™

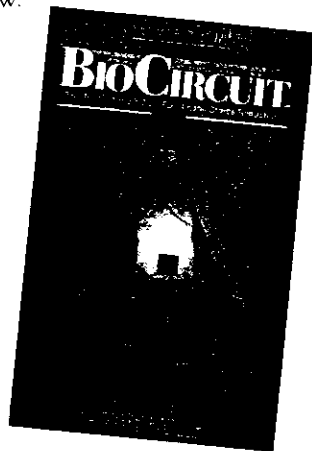
Copper BioCircuits combine balance with *oomph*. We recommend them for a first experience. Use them while falling asleep, when stressed-out, or just to become sensitive to feeling life-energy moving through your body. With just 30 minutes on a Copper BioCircuit you can transform your energy flow.



Kit includes:

- 100% copper screens, wires and handles for forming the Eeman General Relaxation Circuit
- Full instructions and a special audiotape with voice, music and brain synchronization signals.

(BT001) \$59.95



1-888-74 TOOLS

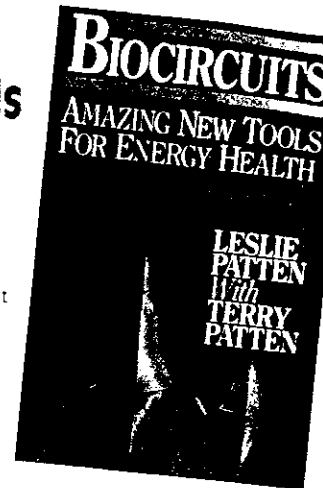
## Biocircuits: Amazing New Tools for Energy Health

by Leslie and Terry Patten

To get the most from your BioCircuit, read this book!

- Fun-to-read detail, including BioCircuit history and research
- Practical exercises
- 30-day program for life-energy exploration.

Paperback 227pp (BB101) \$10.95



*"The most exciting and stimulating work on holistic health that I have seen in many years."*

- Robert Anton Wilson

*"BioCircuits produce a rare and exquisite psychophysical effect - the energy field is the mechanism of action. Shifts in energetic flow patterns calm and harmonize the body and mind. Most relaxation tools and techniques work the other way around - the mind relaxes the body via conscious or subconscious self reregulation. To experience the body's wisdom directly is profoundly grounding and sanity-producing."* - Terry Patten

## Extra Copper Segment

### Form Additional BioCircuits

With this extra copper segment, your Copper BioCircuit can also form the two additional circuits pictured in the diagram on page 56.

Also wonderful for linking the feet (which makes it unnecessary to cross the ankles). Package includes full instructions for both configurations plus footstraps. (BT003) \$25.00

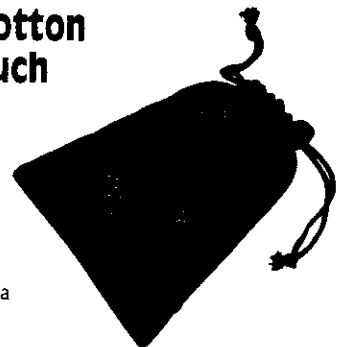


## Luxurious Cotton Chamois Pouch

### For All Your BioCircuits

- Exactly the right size and feel!
- Holds a Silk or Copper BioCircuit
- Room for your Extra Copper Segment.

(BT008) \$19.95



# Big Savings

All specials include full instructions and a special audiotape with voice, music, and brain synchronization signals.

**Only \$69!**

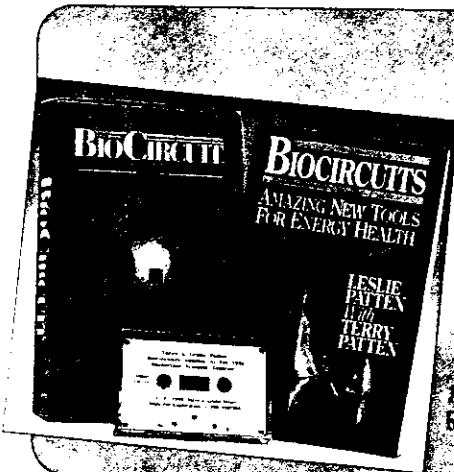
### Our Basic BioCircuitry Starter Special

A Copper BioCircuit, plus the book *Biocircuits: Amazing New Tools for Energy Health*, plus *The Patterns on Tape* - a \$79.88 value for only \$69.00 (SB101)

**Only \$99!**

### Our Full BioCircuitry Starter Special

A Copper BioCircuit, an Extra Segment, a BioCircuit Carrying Pouch, the book *Biocircuits*, plus *The Patterns on Tape* - a \$124.83 value for only \$99.00 (SB102)



## The Silk BioCircuit™

Silk is wonderful for people with extreme sensitivity, for long BioCircuit sessions, or for sleeping in circuit. It is gentler, subtler, smoother, and "higher" than the Copper BioCircuit. Excellent for meditative inner exploration and personal growth. The waves of relaxation seem to go on forever.



- Constructed according to Peter Lindemann's strict guidelines, from 100% silk together with 100% cotton
- Forms the Eeman General or Optimal Relaxation Circuit or the Lindemann Centrally Symmetrical Circuit
- Includes full instructions and a unique audiotape with voice, music and brain synchronization signals.

(BT002) \$59.95

## Takionic® Silk BioCircuit™

BioCircuits harmonize your natural energy flow to realign, balance and energize your being. They draw your body and mind into deep relaxation and refreshment. The Takionic Silk BioCircuit combines your own energy with powerful, clear Tachyon energy to make the BioCircuit experience profoundly energizing for a benign "pick-me-up."  
(AT101) \$79.95

*"In my workshops and own personal experience, I've found that BioCircuits seem to assist in balancing and energizing the system. They also work synergistically with many of the brain machines."*

- Michael Hutchison

## The Silver BioCircuit™

**Smoother than Copper, Stronger than Silk**

The experience of using these Silver BioCircuits is even more complete and satisfying than using the Copper and Silk together. Their effect is not only powerful but also very pure. Beyond that, we observe a constant flow experience, as contrasted to both Copper and Silk, in which the experience builds up and releases in a series of "waves." Full three-part BioCircuit (like a regular Copper BioCircuit plus an Extra Copper Segment) custom-made to order. Allow 2-6 weeks. (BT203) \$169.95

## Silver Substance BioCircuit

Due to popular demand, we now build a 3-part Silver BioCircuit with substance capacity.  
(BT206) \$225.00



**BioCircuit**  
BY PETER LINDEMANN

## Silk or Copper: Which Is Better?

Either one, depending on your mood and reason for using the BioCircuit. Usually, Copper offers a more distinct and powerful experience, while Silk produces a longer-lasting, subtler and smoother experience. If you are undecided, start with Copper. Later, use the Silk and notice the differences for yourself. Or, try the Silver BioCircuit for an experience that combines the qualities of both Copper and Silk and adds a unique difference.

## Basic BioCircuit Configurations



The three most important BioCircuit configurations. Lie on your back with the BioCircuit's Copper Screens or Silk Pads underneath your tailbone and head. Connect your feet (when appropriate) and grasp the handles. Relax completely, and feel the waves of energy!



## The Pattens on Tape

An audiocassette of Terry and Leslie Patten's stimulating, comprehensive introduction to the

ideas and applications of biocircuitry, from their presentation at the 1990 Borderland Sciences Congress in Santa Barbara, California. (BB104) \$8.98

## The Eeman Report: The Pioneering Years of Biocircuitry

A compilation of many rare and important early biocircuitry publications, including works by Eeman, Button, Lindemann, and Eric Powell.

Paperback 106pp (BB103) \$20.00

## Cooperative Healing

by L. E. Eeman

Eeman's magnum opus, this book describes 30 years of research into copper biocircuits. It emphasizes "Co-operative Circuits" in which two or more people are wired together. Paperback 395pp

(BB102) \$35.00

The L.E. Eeman Report  
The Pioneering Years of Biocircuitry  
Compiled by Tom Stone



CO-OPERATIVE  
HEALING  
THE PIONEERING YEARS OF BIOCIRCUITRY  
BY L. E. EEMAN